

Curriculum Vitae (Abridged)

Current Employment

Associate Nutritionist

University of California, Davis
1999 - present

Have held various research positions through the Nutrition Department and the Agricultural Research Center, and in collaboration with the Western Human Nutrition Research Center, a research subsidiary of the U.S. Department of Agriculture.

Self-Employed

2004 - present
Author, Public Speaker, Freelance Writer, Consultant

Previous Employment

Professor

City College of San Francisco
2001 - 2016

Taught courses in nutrition, weight, health and social justice; conducted research.

Psychotherapist

Various clinics
1986 -1997
Specialized in eating disorders and body image concerns

Education

Ph.D.	Physiology, University of California, Davis	2001
M.A.	Exercise Science, San Francisco State University	1998
M.A.	Psychotherapy, Naropa Institute	1987
B.A.	Liberal Arts, Wesleyan University	1985

Books Published

Health at Every Size: The Surprising Truth about Your Weight	2010
Body Respect: What Conventional Health Books Leave Out, Get Wrong, or Just Plain Fail to Understand about Weight, co-authored by Lucy Aphramor	2014

Grants, Fellowships and Awards

- National Science Foundation Fellowship Award 1998-2001
- National Institute of Health R01 Research Grant Recipient 2000-2001
- Outstanding Researcher Award for Civil Rights Advocacy, NAAFA 2009

Financial Disclosure

I have no current or previous financial relationship with any food, diet or pharmaceutical company. This financial situation allows me to be independent of corporate influence and to speak freely. All grants I have received have been publicly funded.